

Independent Living Instruction

The class focuses mainly on building independent living skills. Students engage in a variety of hands-on activities to help them learn these fundamentals. Students participate in the Luau Café, the classroom restaurant. Students are chosen as chefs, they perform their meal prep duties, and prepare lunch for the other students. After lunch, students practice various housekeeping skills such as laundry, cleaning the tables, vacuuming, dishes, gardening, and mopping. After chores, students are "paid" for completing their tasks in a token economy system. They then get "money" deposited into their bank accounts that on Fridays or Mondays they use in the student store to buy sodas, chips, candy, books, magazines, health products, and more. This helps teach the students how to manage their money and to make sure they are being paid correctly. Students also learn Survival Signs and Circles, two programs that help explain to students how to be safe outside of school. The Transition Program provides consistent opportunities to work on socialization by with classroom peers.

Recreation and Leisure

Students learn how to relax and enjoy themselves in a variety of ways both individually and as a group. Some of this is built into field trip activities. Dances, a prom, a trip to Seaside Lagoon, and a trip to Staples Center to see the Lakers, are special events students have participated in while in the Transition Program.

Daily Schedule – Monday/Wednesday

- 8-8:30: Arrive/ Grooming and Hygiene
- 8:30 – 12 : SCROC/ Mobility
- 12 – 1 : Luau Café
- 1 – 1:45 : Chores/ Store Money
- 1:45 – 3 Mon: Speech
- Wed: Physical Education
- 3 pm Dismiss

Daily Schedule – Tuesday/Thursday

- 8-1:20 Same as Mon./Wed.
- 1:20 -1:30: Walk to Jobs
- 1:30 – 3: Workability
- 3 pm Dismiss

Daily Schedule – Friday:

- 8-8:30: Arrive
- 8:30 – 9:30: Game/Instruction
- 9:30 – 9:45: Break
- 9: 45 – 2: CBI Outing
- 2 – 3: Student Store
- 3 pm Dismiss

Intake Process

- ❖ Parents may request an IEP to discuss a change of placement to the Transition Program at any time;
- ❖ RBUSD district staff may also refer appropriate students to the program and communicate with parents via the IEP process;
- ❖ Placements will be reviewed after the first 30 days of placement and an IEP will be held to make any necessary changes to the IEP.

Program Organization

The friendly and caring Transition Program staff and community partners include:

- ❖ Credentialed special education teacher
- ❖ Highly-qualified paraprofessional staff
- ❖ School Psychologist
- ❖ Secondary Program Specialist
- ❖ Site Administrator
- ❖ Executive Director – Special Education
- ❖ DIS Providers per IEP
- ❖ Learning Academy Peer Coaches
- ❖ Exceptional Kids Parent Teacher Organization
- ❖ Redondo Beach Education Foundation
- ❖ ShareFest

Transition Program

A program for post-secondary students with disabilities



Located At:

South Bay Adult School
3401 Inglewood Avenue
Redondo Beach, CA 90278
(310) 867-3526
Hours of Operation:
7:45 am—3:00 pm

Contacts:

Barbara Perry, Transition Teacher
Sue Hall, Program Specialist
Aaron Benton, Executive Director



General Information

We are very pleased about the opening of our very own RBUSD Transition Program during the 2009-2010 school year. This program was designed for special needs students ages 18-22. Up until that time, such programs for students residing in our district were operated through the Los Angeles County Office of Education (LACOE). The RBUSD Transition Program strives to provide the high quality service to our non-diploma track, post-secondary Redondo Union High School students. The goal of our program is to facilitate our students' successful transition from high school into adult life in the community in which they live.

Areas of Concentration

The RBUSD Adult Transition Program focuses on five key areas derived from Education Code:

- ❖ Vocational Skills & Employment
 - ❖ Functional Academics
 - ❖ Community Based Instruction
 - ❖ Independent Living Skills
 - ❖ Recreation & Leisure
- Developing skills in these five key areas facilitates a successful transition to adult life.

Vocational Skills & Employment

Transition students are enrolled at the Southern California Regional Occupation Center (SCROC), located nearby in Torrance, for vocational training. Students choose classes such as Media Design, Hotel and Restaurant Occupations, Retail Occupations and Floral Design. Students are also given the opportunity to gain work experience as part of our Workability program. Two days out of the week, students are able to go to different locations to work under the supervision of program staff. Locations include South Bay Gardens, PetCo, and the 99 Cent Store. All locations are within walking distance of the school. Students are paid minimum wage and receive a paycheck every two weeks.

Functional Academics

Functional academics includes development of skills in the following domains:

- ❖ Money math
- ❖ Time management
- ❖ Measurement
- ❖ Calculation
- ❖ Community-based reading
- ❖ Functional writing skills

Students learn these skills through various forms of hands-on activities, token economies, and interactive games in class and at computer stations. The Transition staff utilizes programs such as EdMark, TouchMath, PCI, Discrete Trial Trainer, and Activity Trainer, among others. Students learn time management by helping staff plan community-based instruction outings. Reading is encouraged through our "News to You" newsletters. Students also participate in a Book Club where they select a book they would like to read that corresponds with the community-based outing for that week/month. For example, the class read *Willy Wonka and the Chocolate Factory* the class took a tour of a candy factory in Beverly Hills.



Community Based Instruction (CBI)

Community Based Instruction occurs on Fridays, when students are not participating in other conflicting activities. The class participates in various community field trips where they practice skills that have been learned throughout the week. Students learn to apply skills that can assist them with mobility training, community independence, how to apply for a bus pass, restaurant skills, and safety awareness.

CBI opportunities include:

- ❖ AMC Galleria 16
- ❖ Ralphs
- ❖ 99 Cent Store
- ❖ Redondo Beach Sealab
- ❖ Museum of Natural History
- ❖ Polliwog Park
- ❖ And much more!

