

# Overview of Nonviolent Crisis Prevention Training

## Day 1

You'll gain a basic understanding of crisis intervention methods. On the first day of Nonviolent Crisis Intervention training, the emphasis is on early intervention and nonphysical methods for preventing or managing disruptive behavior. Personal safety techniques for staff are also demonstrated and practiced to prepare staff to safely remove themselves and other from a dangerous situation.

You'll learn:

- How to identify behaviors that could lead to a crisis.
- How to most effectively respond to each behavior to prevent the situation from escalating.
- How to use verbal and nonverbal techniques to defuse hostile behavior and resolve a crisis before it becomes violent.
- How to cope with your own fear and anxiety.
- How to use principles of personal safety to avoid injury if behavior becomes physical.

## Day 2

You'll learn to reinforce preventive techniques and learn principles of non-harmful physical intervention. The second day of training expands on crisis intervention methods to include the study and practice on non-harmful Nonviolent Physical Intervention methods, used as a last resort when an individual becomes an immediate danger to self or others.

You'll learn:

- When it's appropriate to physically intervene.
- How to develop team intervention strategies and techniques.
- How to assess the physical and psychological well-being of those involved in a crisis.
- How to safely and effectively control and transport an individual.
- How to maintain rapport with the acting-out individual.
- Key steps for debriefing after a crisis.
- How to properly document an incident.

### **Specialized Refresher Courses:**

- ❖ Expand staff knowledge in targeted areas.
- ❖ Receive training credit (includes completion cards).

### ***Training Options***



#### ***New!!! Autism Spectrum Disorders: Applications of NCI***



Developing an Effective School Crisis Response Team  
How to Set Limits with Students  
The Power of Listening  
Fights at School  
Effective Documentation of School Incidents  
Establishing Therapeutic Rapport

Under the Influence and Out of Control  
Managing your Anger  
Reading, Writing and Weapons  
How to Excel at Verbal Intervention  
Negotiating your Way Through Conflict  
Staff Debriefing Strategies

### ***NCI Inservice Topics***

The Preventive Techniques  
Therapeutic Physical Intervention  
The Assaultive Student

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